

Mangosteen Performance Drink



Featuring the tropical fruity flavor of mangosteen, enjoy this delicious sports beverage that is rich in quality protein content.

Nutrition Content Per 100g (based on dry-mix):

Calories 360kcal; Total Fat 0.5g; Saturated Fat 0g; Trans Fat 0g; Cholesterol 10mg; Total Carbohydrates 5g; Dietary Fiber 0g; Sugars 3g; Protein 83g; Calcium 436mg; Magnesium 97.5mg; Phosphorus 1055mg; Potassium 449mg; Sodium 200mg; Iron 1mg; Vitamin A 0IU; Vitamin C 0mg

Benefit of Using U.S. Dairy:

- Whey Protein Isolate boosts protein content and is easily digested and absorbed by the body.

Ingredients:

U.S. Whey Protein Isolate (Instantized)	12.5g
U.S. Whey Protein Isolate (Pre acidified)	12.5g
Mangosteen Flavor	2.3g
Sucralose	0.18g
Total	25.65g

Preparation:

1. Blend all the dry ingredients together till well-incorporated.
2. Pour all the blended ingredients into a sports shaker bottle.
3. Add in 250 - 350 ml of water.
4. Shake well and serve.

Developed by U.S. Dairy Export Council Southeast Asia.
For additional information and recipes using U.S. dairy ingredients, visit: www.ThinkUSAdairy.org/SEAsia



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